



Pathway: Health and Related Sciences
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Award Title	Academic Plan	Award Type	GE Units	Required Course Units	Major Elective Units	Major Units
Kinesiology	T032948G	AA-T	IGETC/CSU	20-23		20-23
This program is Financial Aid Eligible.						

PROGRAM OVERVIEW

The Associate in Arts in Kinesiology for Transfer (AA-T) program is designed to prepare students for CSU transfer to complete a bachelor's degree in Kinesiology, Exercise Science, Physical Education, pre-Physical Therapy, Athletic Training and other related allied health professions. Interested students may also pursue careers as personal trainers.

Students completing the AA-T in Kinesiology are guaranteed admission to the California State University system, although not necessarily to a particular campus or major of choice. Students should consult with a counselor for more information on university admission and transfer requirements as this AA-T in Kinesiology degree may not be the best option for students intending to transfer to a particular CSU campus or to a college or university that is not part of the CSU system.

The Associate in Arts in Kinesiology for Transfer (AA-T) degree will be awarded upon completion of the following:

- Completion of 60 transferable semester units to the California State University
- Obtainment of a minimum grade point average of 2.0 in all transferable coursework.
- Full completion of one the following General education patterns
- The Intersegmental General Education Transfer Curriculum (IGETC), with "C"s or better in all coursework AND completion of Area 1C Oral communication (CSU admission requirement)
- California State University General Education – Breadth Requirements (CSU GE). Areas A1, A2, A3, & B4 must be completed with a grade of "C" or better (CSU admission requirement)
- A minimum of 20 semester units required for the major
- All courses in the major must be completed with a grade of "C" or better or a "P" if the course is taken on a "Pass-No Pass" basis (Title 5 § 55063).

PROGRAM LEARNING OUTCOMES (PLOs)

Upon completion of the Degree program, students are able to:

- Describe the fundamental principles of Kinesiology, including anatomy and physiology, movement, health promotion, physiological response to exercise, mechanics, and how they relate to career choices.
- Discuss the importance of lifelong participation in a fitness program as related to overall health and well-being.
- Identify physical fitness concepts, healthy living practices, lifelong wellness, appropriate stressreduction techniques, sport, and physical skill development.

KINESIOLOGY FOR TRANSFER (AA-T)

Associate in Arts for Transfer Degree
Major Units: 20-23

Requirements for the Associate in Arts degree in Kinesiology for Transfer (AA-T) may be met by completing 20-23 units of coursework with a "C" or better along with general education courses meeting IGETC or CSU Requirements.

REQUIRED CORE

Select 11 units from the courses below	UNITS
KIN MAJ 100 Introduction to Kinesiology	3
ANATOMY 001 Introduction to Human Anatomy	4
PHYSIOL 001 Introduction to Human Physiology	4

AND

Movement Based Courses (3 Units). Take a minimum of one unit from any of the following three categories: Aquatics, Fitness, and Team Sports

AQUATICS

KIN 300-1 Swimming / Non-Swimmer I	1
KIN 303-1 Aqua Aerobics I	1

FITNESS

KIN 329-1 Body Conditioning I	1
KIN 350-1 Weight Training I	1

TEAM SPORTS

KIN 387 Basketball	1
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RESTRICTED ELECTIVES

Select courses (minimum 6 units) from the following (6-9 total units):

	UNITS
MATH 225 Introductory Statistics -or- MATH 227 Statistics (4)	3
CHEM 051 Fundamentals of Chemistry I -or- CHEM 101 General Chemistry I (5)	5
PHYSICS 006 General Physics I	4
KIN MAJ 101 First Aid and CPR -or- HEALTH 012 Safety Education and First Aid (3)	3

MAJOR REQUIRED MINIMUM SUBTOTAL	20 units
CSU or IGETC for CSU GE Pattern	37-39 units
CSU Transferable Elective units	(as needed to reach 60 units)
TOTAL CSU transferrable units	60 units

USEFUL LATTC LINKS:

College Catalog: <http://college.lattc.edu/catalog/>
Financial Aid Office: <http://college.lattc.edu/financialaid/>
Counseling Department: <http://college.lattc.edu/counseling/>
General Education Information: <http://college.lattc.edu/catalog>
University Transfer Center: <http://college.lattc.edu/utc/>
Health and Related Sciences Pathway: <http://pathways.lattc.edu/catalog-programs/hrs/>

To register: <http://college.lattc.edu/student/new-students/register-now/>

For additional information consult a LATTC college counselor.